

## Editorial

#### How did it all begin?

God had placed a desire in my heart in 2017 to start a magazine, but I wasn't sure what this magazine was going to contain.

As time went on I grew more and more passionate about reaching out to God's children and telling them about Jesus. In 2019 the name 'YouthCross Experience' came to me and I knew that through this name young people's lives were going to be impacted through the Gospel. This year in February I received my confirmation so I went for it!

Since then I've prayed about what content YouthCross Experience is going to contain. I believed that "If God led me to it, He will help me do it!"

God led me to the right people who have contributed excellent content to this magazine. YouthCross Experience is aimed to teach, uplift and encourage all young believers in Christ.

This to me isn't just a Magazine, it's a Ministry! To God be the Glory!



## Who are We?

As a young person this is a question we ask ourselves atleast once in our life. Who are We? This line is often accompanied by follow-ups such as: "Who are We in the Church?" What is our relevance? Are we relevant? Yes We Are!

Our purpose in this world is vital. We play a role which cannot be replaced or forgotten. The pattern of a lifetime is growing up, going through different phases, learning, maturing, achieving, establishing a standard and vision and finally passing the baton on. This is going to happen to each and every one of us. So what does this have to do with you?

When you were born, you entered this world with a purpose. Once you realise and accept that purpose, you begin to build yourself up. As you go through the process, you discover new skills and abilities. These skills and abilities then become your strengths and your strengths nurtures your purpose until it is fulfilled.

In Church, as a young person you should not be content with just going to church and going back home. You need to get involved in the Ministry. By doing so, you are growing in your relationship with God as well as discovering your calling in life. Your duty as a young person is to observe and learn until you are spiritually ready to carry the mantle from the previous generation. Don't be quick to run behind a pulpit. Your good work begins on the streets. That's your training ground. 1 Timothy 4:12 says "Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity." Now is the time for you to set yourself apart from what is godly and what is not. Learn as much as you can because it will make you a better Christian. Remember the currency of heaven is souls, and if you as a Christian don't know how to lead someone to Christ then what's going to happen when you reach heaven? Now is the best time to learn on how to work in the field.

Matthew 6:33 says "But seek first his kingdom and his righteousness, and all these things will be given to you as well."

If you run after **GOD**, everything you will ever need will run after you.

**Britney Jenine Editor-In-Chief** 

# What is Christianity?

#### In the words of Pastor J.F.Rowlands

#### TRUE CHRISTIANITY IS CHRIST!

 ${}^{\hbox{\scriptsize \'el}}$  Ideally, Christianity is the system of faith and life which Christ taught, but actually, Christianity has come to be looked upon as a type of modern civilisation which only partially accepts the standards of Christ. True Christianity, as set forth in God's Holy Word religion without Christ is a religion without nity! salvation, and a religion without salvation is like a body without life – DEAD! Christ is the heart of Christianity, Christ is the backbone of Christianity, Christ is the beginning and the end of Christianity – CHRIST IS CHRISTI- ExtractedANITY. And to be a Christian is to be a follower of Christ! Many so-called Christians are following a church, following a theory, following a hard and fast rule, but true Christians are called upon to deny themselves, take up their crosses and follow Christ(Matt.16:24)."

### Why must I accept Jesus Christ as my personal Saviour?

In the words of Pastor J.F.Rowlands

"He will mercifully grant you forgiveness from all your sins and will miraculously change your life! He will liberate you from the bond-

age of habit and will set you gloriously free to serve Him! He will make you radiantly happy and will cause you to rejoice all the days of your life! He will be your Friend, your Guide, your Comfort and your Stay! He will give you power to become a child of the Living God and will be with you always even until the end of the world – and then He will grant you a Manis the essence of purity and holiness, and in sion in the Gloryland and you will be with Him that it contains Christ it contains salvation. A throughout the blissful ages of an endless Eter-

#### THIS IS THE MESSAGE OF TRUE CHRISTIANITY!"

from: Sermons from the Sanctuary Moving Waters May 1940.



Pastor J.F.Rowlands

## "I AM THE ROSE OF SHARON"

#### Sermon by Pastor J.F.Rowlands

One Holy Night in Bethlehem, the sweetest little Rosebud in all the world adorned the Tree of Prophecy! That starry night the Christ was born! A perfect Rosebud! A perfect Christ! He was perfect from His little cry in the manger, to His last triumphant cry on the Cross.

Let us watch this little bud and see how, with the passing years, the petals begin to unfold themselves...A wee bud at Bethlehem. Yes; but twelve years later we see Him in the Temple of Jerusalem. His wisdom astonished the people. The dear little Rosebud is growing fast. After another eighteen years, we see the Perfect Rose in Nazareth.

#### Life and Death of Jesus portrayed through Red Roses

Every petal absolutely marvellous. The immersion of Christ in the River Jordan at this period marks the commencement of His Public Ministry. Let us draw closer and examine the beautiful petals one by one.

#### The First Petal...HIS TEACHINGS.

Never were there more loving teachings than those of Jesus, the Rose of Sharon. Whilst others preached hatred, Jesus preached love. Look at the Sermon on the Mount!

#### Another Petal...HIS HUMANITY.

Leaving those Ivory Palaces, Jesus came into this world of woe. He humbled Himself and became obedient unto death...even the death of the cross.

#### Third Petal...HIS PRAYER LIFE.

Away in the Hills...alone with God! Under the shadows in the Garden...alone with God! From nightfall until sunrise alone with God!

#### More petals...scores more petals...HIS HEALINGS.

The sick, the lame, the halt, the blind, the leper, the deaf, the dumb ... all were healed, Glory to His Name!

HIS EVANGELISM. From Nazareth, to the Shores of Galilee; to Samaria; to Jericho; to Bethany; to the Holy City! "If any man thirst, let Him come unto me and drink." "Come unto me, all ye that labour and are heavy laden; and I will give you rest." Blessed, Holy Rose of Sharon!

#### **BUT THE ROSE HAD A THORN!!!**

Why, oh God, why? In order to make a lasting perfume, the petals must needs be crushed! Amongst the Pharisees we see attempts to undermine His spotless character. One by one the petals fall! They accused Him falsely; they insulted Him; they mocked Him! The petals are falling! The petals are falling!

Why, oh God, must Jesus suffer so?

Ah, it is the Perfume in the making!

Then the betrayal...Oh! Judas. How could you?

See the petals falling!

Oh God, Why this cruelty to the Perfect One? Why this exhibition of Hell itself?

There is Jesus in Prison! What a heartrending scene! There is Jesus now before Pilate!

"Not Guilty", says the Judge. "I find no fault in Him."

CRUCIFY HIM! CRUCIFY HIM!! Shouts the motley crowd. Oh, God! Why this agony? Why this humiliation? Why this crushing of petals?

It is the perfume in the making!

Whipping! Shouting! Screaming! Hell is let loose!

They will murder Him! Oh, my God!

They have given Him a cross now. He bears it! He walks...

He stoops...He stumbles...He falls.

Few petals remain!

They mock! They jeer! They laugh at Him! They spit at Him!

But as a Lamb is led to the slaughter He openeth not His mouth.

The petals must needs be crushed and Jesus knows it all.

Now to the brow of the Hill! They throw Him on the ground!

They nail Him to the Cross! The blood is streaming from His hands and Feet.

They uplift the Cross!

Oh, what a spectacle!

Father, forgive them, for they know not what they do!

Hark, the Saviour prays!

He bleeds! The petals are falling!

It is the perfume in the making!

The winds how!! The thunders roar! The lightening flash!

He dies! He dies!!

An earthquake ... and the petals fall!

My God! My God! Why hast Thou forsaken me?

The petals are falling! LOOK ... Only one remains!

HE DIES! HE DIES! The last petal is falling!

What says the Christ? Hark! What says the Rose of Sharon?

IT IS FINISHED! Every petal has fallen!

The Christ is dead!

Oh! Here comes a Roman Soldier!

Leave Him, leave Him, Soldier! My Lord is dead!

But acting under orders, he thrusts his cold steel into the side of the Blessed One!

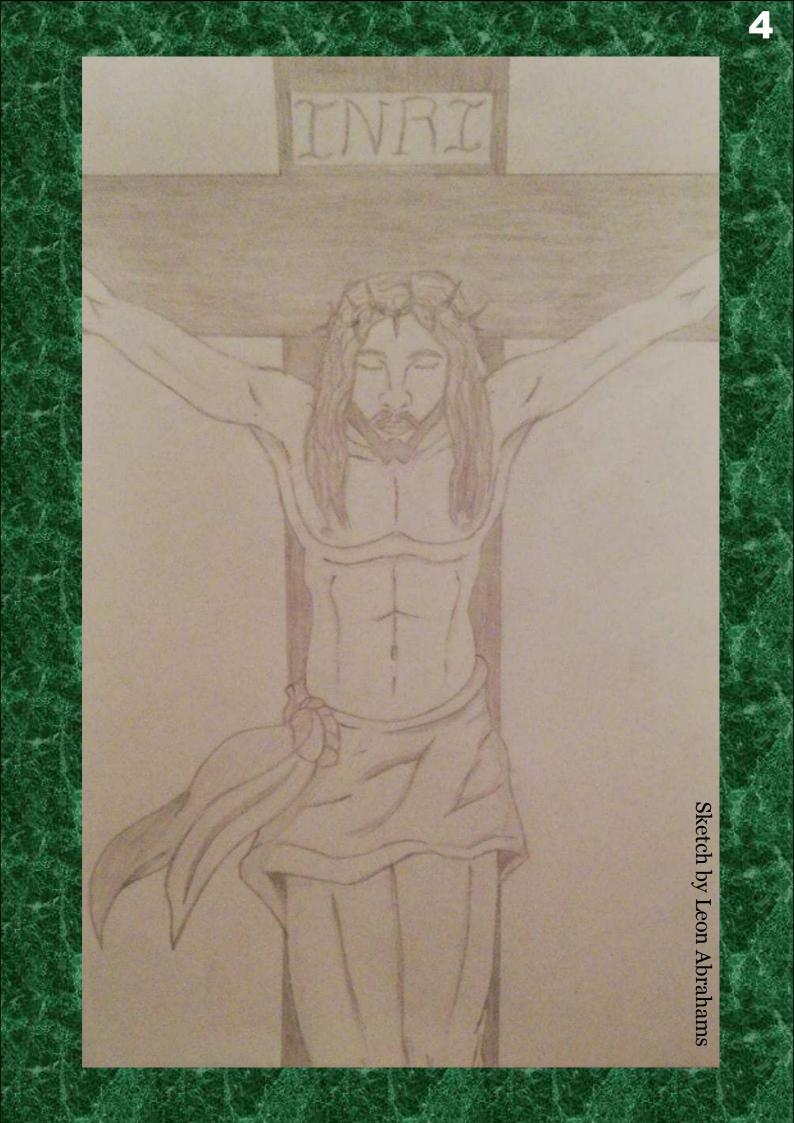
Ah! The perfume! The perfume!

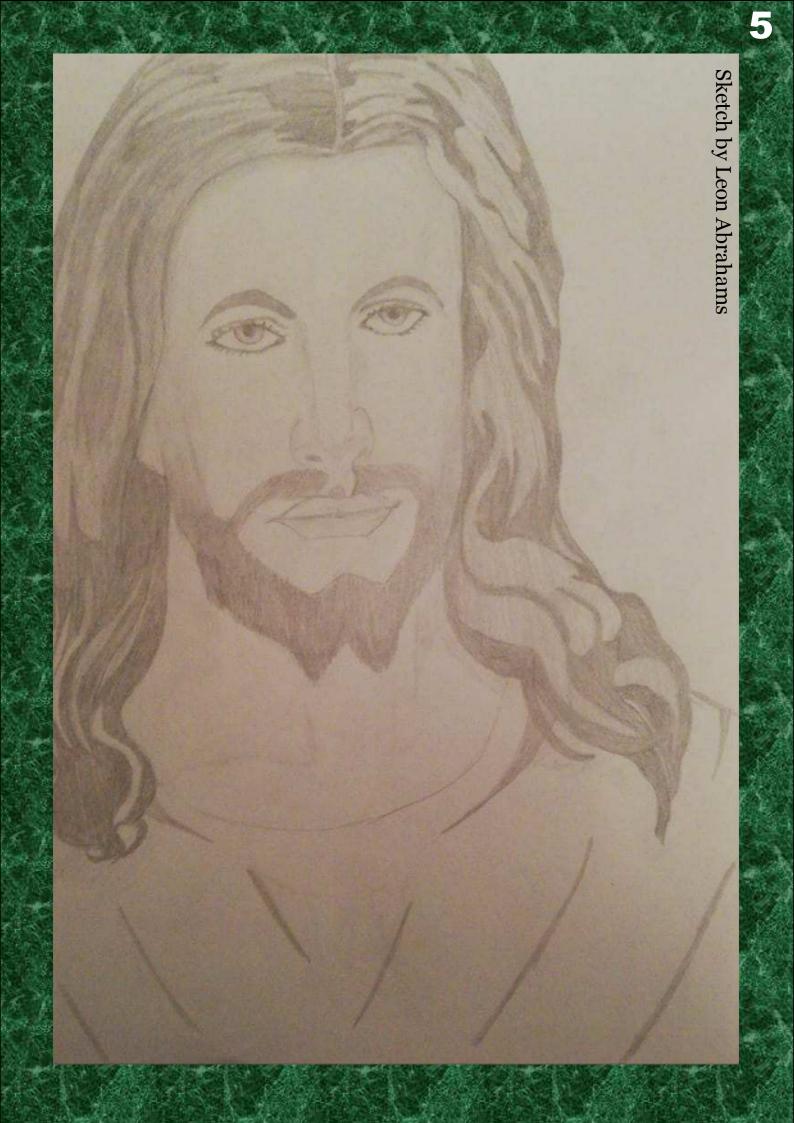
O'er the Mount of Crucifixion; O'er the great City of Jerusalem; O'er the Mount of Olives; O'er the Holy Land; O'er the whole wide world is now wafted the Perfume of Salvation! The Rose of Sharon have given His Life for us. He has paid the Price with His Own Blood. Whosoever may now look unto Him and be saved. None need perish for the Blood of Jesus Christ, God's Son, cleanseth us from all sin.

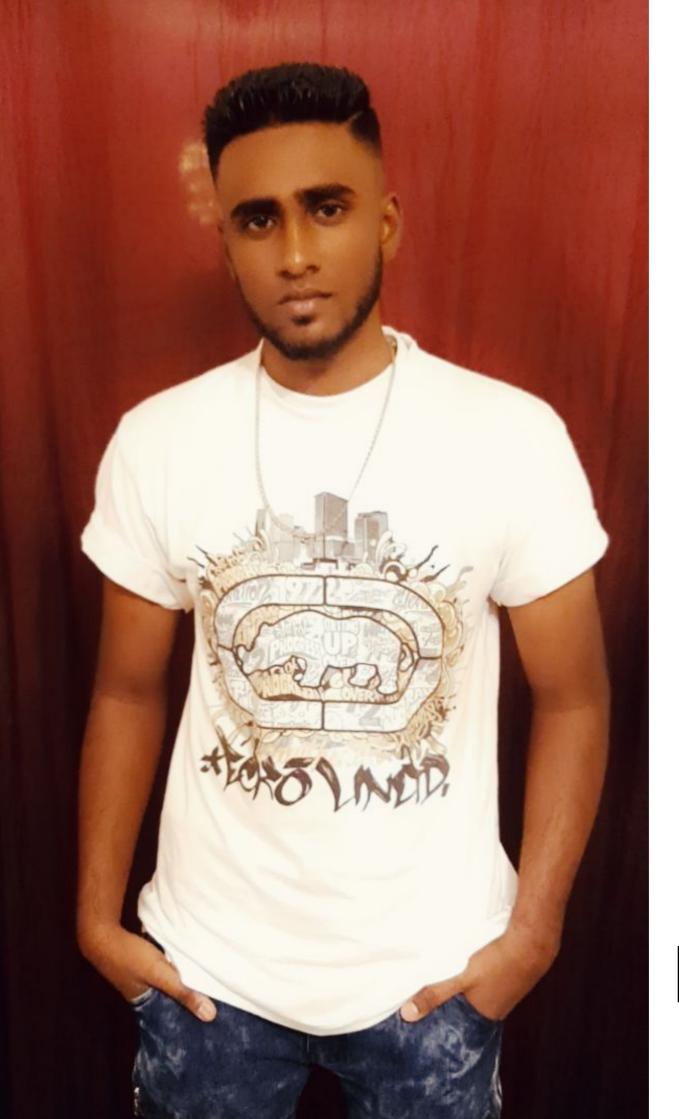
Believe on the Lord Jesus Christ

and Thou shalt be saved!

Extracted from: Sermons from the Sanctuary Moving Waters\_May 1940.







0 N A B R A Н A M S

### GOD AND MUSIC Testimony of Nathaniel Velayadum

The picture you see is evidence that God can change anyone and that He has a plan for each of us no matter how far you are from him (Jer 29:11), some of you may say "I'm the worst sinner, I'm too long gone, I don't think God can change me", well I hate to burst your bubble but you are totally wrong! God can change your life and He loves you! I'm living proof of that! Jesus came for us who are not perfect, the sinners, and He can make us new, give us addicted, I felt the need to surrender to Jesus. I said these a new life in Him and He gets the glory!

sin and wrong in the sight of God, my parents and my missing piece in my life - Hallelujah! Praise God! teachers. Joining the wrong company led to many things like absconding from school and doing drugs, alcohol and Ever since then I stopped joining the wrong company and take me. I couldn't seem to escape this I wanted to be- new song; play skillfully, and shout for joy". come a better person, do the right things and be physically fit but didn't know how to get away from this stronghold My encouragement to you is to serve God while you are that held me captive.

mess and He broke the chains that held me.

specific day that I went to church and fed up with being you may be a Child of God.



few words if I remember correctly 'Lord I'm sorry for sinning, I don't want this addiction. I want you'. That mo-Growing up I lived in a rough neighbourhood called ment I felt this energy come into me, I felt light and brand Croftdene which is in Chatsworth, I kept the company of new. I couldn't understand at the time what had happen guys who were older than me which was a bad thing but I because I didn't know much about God and how powerful didn't realize it at that time. I felt cool because I hung out He is. I didn't know that He was waiting for me to say with the 'big boys'. Drawn to the things of the world I al- those few words for years so that He could deliver me ways wanted to fit in with society and my friends. I from this trap! That was the day I encountered Jesus wanted to be cool. It was about pleasing friends and wor- through the Holy Spirit and I was set free from addiction rying about what they would think of me, I had this un- in that service. My life has never been the same again, derstanding that in doing wrong things I would be cool. that empty feeling I was talking about was gone ever This became my mission in life to do what's considered as since that day. Jesus filled that emptiness and He was the

going to night clubs thinking this will satisfy that feeling found good friends at church that also went through what of emptiness inside of me, yes I felt there was something I went through and gave their lives to Christ. I began to missing in my life but couldn't figure out what it was so I serve in the youth department and from there on grew continued indulging hoping to fill that void in my life but spiritually with guidance and counsel from my youth these things I was doing couldn't and the next day I would leaders and pastor. I saw the need of a bass guitarist in the wake up still feeling like there's something missing. At youth band and decided to learn how to play the bass guifirst I considered the worldly things as just fun but as the tar. Being a musician at church is not just about playing years went by I began to do this frequently and it became but it is worshipping God with your instrument as it is an addiction but I still didn't realize that. I could not go a written in John 4:23-24 "Yet a time is coming and has weekend without partying and indulging in these things. now come when the true worshippers will worship the By the age of 20 (I had been doing these things for 7 years Father in Spirit and in truth, for they are the kind of by then) I realized that this is not worth it and it's only worshippers the Father seeks. God is spirit, and his wordestroying my body and I tried many times to not indulge shippers must worship in the Spirit and in the truth". but I couldn't. There were times when I didn't even have Also practice is needed to play in excellence to give God money to go to the club but my friends would offer to your best as it is written in Psalm 33:3 "Sing to him a

young and if you're far from God or you're struggling with addictions or you feel you're the worst sinner remember I knew that it's only Jesus who had taken me out of that Jesus came for the sinners and not those who are perfect. He loves you and has a plan for your life just like He did for mine. There's nothing He can't do because He is So I began trying to do good. The only thing I knew was mighty and powerful and greater than anything! He wants going to help me was attending church and so I did. I was- to come live in you so He can do something great in your n't a holy person or anything close to being a righteous life so that you too can testify of the goodness of God like person. I was the worst sinner, I used vulgar languages I do. All you need to do is open up your heart to Him conand did many things opposite to what the Bible teaches, fess your wrongs to Him and ask Him to change you or but believe it, I began to seek God. There was this one help you with your weakness and to come live in you that

# God and Music



#### Don't know how to Worship?

Go to the Word of God.

Meditate on the following scriptures to learn how to Worship God.

- Psalm 27:4
- Psalm 51:9-11
- Psalm 57:9-11
- Psalm 59:17
- Psalm 62:5-7
- Psalm 65:8
- Psalm 63:1
- Psalm 42:1-2
- Psalm 8:1
- Psalm 18:1-2
- Psalm 84:1-2
- Psalm 97:1-6

These scriptures can assist you in worshipping God.

Remember when you Worship God, do it from your heart. Let it be true for the Word of God says to Worship Him in Spirit and in Truth.

# Worship

The Ark of the Covenant in the Old Testament represented the Presence of God. It stored the stoned tablets which had the 10 commandments engraved on it. Wherever the Ark of the Covenant was - there the Presence of God was.

In this modern era, we are the Ark of the Covenant. When Jesus died and rose again and when the Holy Spirit descended on the disciples in the Upper Room, since then we who are believers in the Lord Jesus Christ have being carrying the Presence of God wherever we go.

If you desire a relationship with God then Worship Him. If you desire to see angels and the supernatural power of God at work, you need to seek His face. Would you like to see miracles taking place and sick bodies getting healed? Won't you want to be used by God to carry out His Work? I know I want to. So what do I do then? I learn how to Worship!

Worship God more & more each time, yearn to know and experience Him. When we worship God we get to have a personal relationship with Him. Prayer is Powerful and Important and so is Worship and Praise. Here's a little secret, we all Pray but its our Praise and Worship that drives our Prayers.

This is my worship experience. Firstly, when you want to get deeper in your worship, you need to be alone in a room or place. It has to be just you and God. Then you have to pour your heart out to God without fear because then there is a genuine connection. Pace back and forth in worship, get down on your knees, lay flat on your face, jump, dance, raise your hands as high as you can and say "Holy Spirit take over." Your heart, mind and spirit needs to be one with God, no distraction. Then you can feel the Presence of God when you Worship.

## LIVETHERIGHT WA

## By Aaron Garton

### **How One Should Behave** With Other People

Going about our everyday lives, we are having constant interactions between ourselves and other peo-ryone is different. You may ple. Each of these interactions involves some form of be able to tell certain jokes communication, whether through the use of body with certain people and they language, words, or something else. However, com- won't have a problem with munication through the use of words is one of the it, while other people might. most important things to consider, and that is why we To one person, your words may offend them, whilst hurt somebody.

Our actions are also extremely important. A person could say nice things to another person, or be a really nice friend, or whatever it may be, but their actions indicate their true intentions. If their actions are If ever you do something for another person, do it good, they are good.

The first, and probably the most important thing, is the golden rule; that is, treat others the way you would like to be treated. If our interactions with and our behaviour towards other people can be summed up into one sentence, this would be it. Place other people before yourself. Be mindful and respectful might hurt them. Put yourself in their shoes, and think about how you would feel if you were them.

Before you say something, think about how what you say may affect another person, or, in other words: think before you speak. Depending on what you say, or how you say it, your words may be received in either a positive or negative way. If you are talking about something that is important that the other person feels strongly about, or if it's something personal or emotional, think carefully about your choice of words. Saying the wrong thing could cause the other person to be upset, offended, or even annoyed with you. On the contrary, if your words are positive, they could have a really positive impact on the other person's life. It could build up a friendship and it could

even build trust between you and the other person.

When speaking to another person, be considerate. Eve-



should be putting a lot of thought into our words be- to another, they may not. Get to know the person and fore we speak, lest they come across wrong, or we don't judge someone before you really get to know them. There is usually a reason a person is the way they are, so don't dislike a person just because of one small thing. Maybe they have flaws, but maybe you do too

> out of the kindness of your own heart, never expecting anything in return. Do it like you care, because you should. Just think about how much the other person would appreciate what you do for them. And, on top of that, think about how good it would make you feel knowing that you made someone else happy, and that they are appreciative of what you did for them.

towards others, because you don't know what they Last thing to remember is to be real. Be yourself. may be going through in life. Be observant of such Don't try to be someone you are not, just because things, and, as such, don't do or say anything that you want to fit in, or impress other people. If you have to change yourself to fit an image that someone else will like so that you can be friends with them, then they are not worth being your friend if they don't like the real you. Don't worry about what other people may think of you. Be yourself and stand up for what you believe in, not becoming someone else just because other people want you to be a certain way.

#### Mark 12:30-31

" 'Love the Lord your God with all your heart and with all your soul and with all our mind and with all your strength.' The second is this: 'Love your neighbour as yourself.' There is no commandment greater than these."

## Keeping the Faith

By Kimentha Govender

## How To Keep Our Faith During The COVID-19 Pandemic

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." Isaiah 41:10

The COVID-19 (Corona Virus) pandemic has shocked the nation. People are living in fear. The fear of contracting the virus and possibly losing their lives. In the space of a month, our world has changed drastically, but there's one constant thing in our lives, and that's our faith in Jesus Christ.

It is only human to fear things, but as Christians we need to understand that God will not do anything to harm us, He is our protector, and He loves us and will not lead us into darkness. We need to have faith.

Yes it is easy for someone to tell you to have faith, it is also easy to say that you have faith but faith is never an easy thing to keep. It is sometimes difficult to keep your faith when the world is falling apart right in front of you.

## Here are some ways to help you keep your faith:

Pray every day. Ask God to keep you safe during this pandemic, pray for the people infected with the virus and pray for those whose lives were affected by the virus. Also remember to show your love to God through prayer.



## Here are some scriptures you can read during this period to help us keep our faith.

"Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:4-7

"I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength."

Philippians 4:12-13

"But now, this is what the Lord says...Fear not, for I have redeemed you; I have summoned you by name; you are mine." Isaiah 43:1

"Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me." Psalm 23:4

Take this time to worship the Lord. This can be done by singing Worship songs which can easily be found on YouTube, Spotify etc. This will not only bring you closer to God but also strengthen your faith.

Whenever you feel like you need to feel reassured or you fear about anything try to contact a fellow Christian whom you feel comfortable with. This can be your pastor or your friend or a youth leader or you can even contact us.

Please remember to stay safe during this pandemic and that God loves you!

## with Sumeshnee Govender

## An in depth view on the effects of the difficulties in a teenager's life... (PART ONE)

Have you ever lost yourself in a dilemma, wondering why things are the way they are? Why the earth is round and not flat? Or why sometimes in life reality seems so fake yet your imagination seems so realistic?

Yes, I understand that most or maybe all of my questions may have a rational or scientific answer. But in a sadistic world such like ours, powered by lust, murder, death and so many other heart-breaking factors, wouldn't you prefer a little bit of sparkle added to your beliefs rather than a little bit of fantasy removed from your imagination? I know I most certainly would.

I remember not so long ago when I was in school, I remember how the environment was, how an innocent kid walks in and 5 years later that same kid walks out a drug addict with a proven crime record or worse that kid doesn't even end up walking out because through the years of their high school experience they went through unthinkable torture.

They were manipulated with the simplest of bribes, they were forced down the wrong path one to many times. Peer pressured into so on. At young ages they were exposed to heartbreak, betrayals, lust and or possibly even crimes they weren't fully aware they



were committing.

Treading amongst the rabble, they would feel unwanted and they would try to dig a way out of something they never knew they were getting into.

At this point, due to the judgemental ways of every society they would have already given up on life. They would feel they had nothing to live for. They would feel unwanted, abandoned and completely alone.

Trapped in the very essence of their fear. Perplexed within the endless boundaries of their imagination, they would have felt no one in this entire world could ever grasp the alcohol and drug intake, underage coitus, and understanding of the danger most adults would face and the consequence of underestimating High School and the strength of its influence in effecting their child's life.

## MY SOCIAL WARS

### An in depth view on the effects of the difficulties in a teenager's life... (PART TWO)

Never take lightly the small problems in a barrassment or possibly something far worse. child's life, because they make it seem small Truthfully there are countless of reasons or and sometimes they don't even show it at all. possibilities as to why they would or would Until it builds up into something so uncon- not confess and honestly no one could ever trollable, so petrifying that in their mind judge them for their choice until they experithere's only one way out. Only one conclu- ence it themselves. sion.

Any one you trust. Don't take the most pre- with the truth and not brushed with a lie. cious thing God has given to us. Everyone has a purpose. No matter how worthless you feel. You complete someone's life out there. Even if it's just one person. They would be broken without you. Always remember that.

Teenage suicide is a grave matter and as I've stated before one of the largest reasons for it, is high school. It's not the education system or the teachers most of the time but rather the emotional and psychological effects of what God actually considers you His very own goes on in between.

Sadly, if we're being honest it's a problem that can't really be fixed or not completely at own reflection. least. Because not everyone knows who's behind it in every school and those that do will never confess due to fear of mass em-

I know the truth is disappointing or in this This is the point where the kid considers the case terrifying at times. But you know what I drastic decision of suicide. Simply, because a love, the fact that pretences and difficult lot of parents and inexperienced teachers do situations always reveal a person's true pernot understand that school is worse than a sonality and character from all the lies and prison. Taking this fact lightly causes the rate illusions they spread in our lives. Because in of student/teenage suicides to increase every the end no matter how harsh or brutal the year. Please guys find someone to talk to. words are to handle, at least you were hit

> Mahatma Gandhi once said: "You can't change how people treat you or what they say about you. All you can do is change how you react to it." Anger is a punishment we give ourselves, for somebody else's mistake.

"Behold what manner of love the Father has bestowed on us, that we should be called children of God!" (1 John 3:1).

precious child. He created you in the perfection of his own image. Remember that before you distance yourself from your



## What does the Trinity mean?

The term "Trinity" refers to the "Father, Son and Holy Spirit." They are THREE different individuals who are one. I'm going to explain this wonderful union using three portions of scripture.

#### Who is the Father?

John 1:1 says "In the beginning was the Word, and the Word was with God, and the Word was God."

The Father is God!

#### Who is the Son?

John 1:14 says "The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth."

The Word who is God and God in the flesh is the Son who is Jesus.

#### Who is the Holy Spirit?

John 1:2-3 says "He was with God in the beginning." ing was made that has been made."

The Holy Spirit is the Person who carries out God's work. He is God's Power. He did as God commanded. When God said "Let there be light" the The Holy Spirit guides us in understanding the Word Holy Spirit created the light.

#### Do I pray to the Father, Son or Holy Spirit?

Jesus said in John 15:1-2 "I am the True Vine, and my Father is the Gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful."

In John 15:5 Jesus says "I am the Vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing."

God the Father is the Gardener who gave us a Vine

who is Jesus. We are the Branches growing out of Jesus. Without the Vine there is no Branch. Without Jesus, there is no us. We need Him to live or else our flesh will lead us to death.

Once again we see that God does His work through the Holy Spirit in verse 2. Without the Holy Spirit we get cut out, With the Holy Spirit we grow in Christ.

The Fruit is the Souls we lead to Christ. The branch bears the fruit because it is attached to the Vine. We can only lead someone to Christ by living our life according to his Word and with the help of the Holy

We go to God through Jesus. That's why when we pray we say "Father, I come to you through your Son Jesus." The Holy Spirit helps us connect to God in Spirit because God is Spirit. He speaks to us on God's behalf, and carries our prayers to God.

Jesus says in John 16:13 - 15 "But when he, the Spirit of Truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come. He will glorify me because it is from me that he will re-Through him all things were made; without him noth- ceive what he will make known to you. All that belongs to the Father is mine. That is why I said the Spirit will receive from me what he will make known to you."

> of God and where and what we need to be. He will glorify Jesus by demonstrating His power and anointing in our lives.

> All that belongs to the Father belongs to Jesus hence they are One and the Holy Spirit receives from Jesus what needs to be spoken or done therefore they are One. Think of it this way ... the message flows from the Father to the Son to the Holy Spirit and back. This is how we speak to God.

> From Heaven**▶Father∢▶Jesus∢▶Holy Spirit∢**From Earth

Three separate Individuals connected as One.



## WHO IS SATAN?

Satan was officially named Lucifer and he was one of the Archangels. He was the Chief Worshipper to God.. He was magnificently made. Beautiful, gor- That is why they attach onto living things to survive. geous - just excellent with all the gold apparel and gem stones. Glorious to God's eyes perfection in creation. As it is written in Ezekiel 28:12-16 "You were the seal of perfection full of wisdom and perfect in beauty. You were in Eden, the garden of to watch over you. Psalm 34:7 says "The angel of God; every precious stone adorned you: carnelian, chrysolite and emerald, topaz, onyx and jasper, lapis lazuli, turquoise and beryl. Your settings and mountings were made of gold; on the day you were created they were prepared. You were anointed as a guardian cherub, for so I ordained you. You were on the holy mount of God; you walked among the fiery stones. You were blameless in your ways from the day you were created till wickedness was found in you. Through your widespread trade you were filled with violence and you sinned. So I drove you in disgrace from the mount of God, and I expelled you, guardian cherub, from among fiery stones." Due to Lucifer's status and authority in heaven he became fulled with pride as it written in Ezekiel 28:17 "Your heart became proud on account of your beauty, and you corrupted your wisdom because of your splendour." This led to him instigating the other angels against God. He told them that they would have so much power that they could rule over God the Creator.

So Lucifer and the angels he instigated began to disobey God. Yes, God knew everything that was happening. When they got so defiant, God got angry and threw them out with their gifting's. One third of heaven's angels fell with Lucifer. God placed a

curse upon them that they will be destroyed if they touched the earth.

Always be on guard and plead the blood of Jesus over your life. We have authority over Satan and his legions by the blood of Jesus. Do not fear for God is always with you and he has commanded his Angels the LORD encamps around all those who fear him, and he delivers them."

The Devil's mission is to steal, kill and destroy but Jesus gives us victory over his attacks. John 10:10 "The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full."



#### The Power of Prayer at the Foot of the Cross.

**James 5:16** 

"The Prayer of a righteous person is powerful and effective."

#### Why at the foot of the Cross?

When Jesus went to the Cross he tore the curtain in half, so that we can have a direct relationship, a direct connection with God. This is the reason we go to the foot of the Cross, lay down our burdens at the feet of Jesus, because the Cross has not yet lost its power. You see the Cross symbolises our Victory! When Jesus went to the Cross He defeated Satan so the devil has got no power! This is how I fight my battles, this is how we fight our battles on our knees in prayer, we pray through the Cross, through the blood in the Name of Jesus. Jesus brought a new Covenant, a new Tabernacle that in him we have Victory!

#### There is Power in Prayer!

- Esther Prayed and Saved the Jewish Nation.
- Joshua Prayed and the Sun Stood Still for a Whole Day.
- Elijah Prayed and God sent Fire from Heaven to consume the sacrifice.
- Hannah Prayed and God Gave her a Son.

Be like David, when he stood against Goliath, he faced his Giant saying "I come to you in the Name of the Lord."

Be like Ezekiel, he spoke the Word and witnessed a Miracle – Dry bones turn to Flesh!

Start speaking into your situations, speak to your problems in the Name of Jesus! Each one of you are intercessors for your friends and family. Take your problems and nail them to the Cross because in the Cross there is Victory, in the Blood of Jesus there is Power, and when you declare "IN THE NAME OF JESUS" supernatural things start to happen.

You just need to Pray, Pray and after you Pray, you have to Praise God for your Victory!

Britney Jenine

During this time of crisis as our land is facing this pandemic of the Covid-19. I urge you to pray and ask God to forgive us for our sins and heal our land. Pray for restoration as our economies are also suffering badly. Jobs are no longer secure, please pray sincerely for God to help us in this time of need. 2 Chronicles 7:14 says "If my people, who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sins and will heal their land." Every prayer counts so please pray and remember to ask God for protection and plead the Blood of Jesus over your life and your loved ones. The numbers are rising but God is still on the throne. So keep the faith and trust God for His faithfulness never fails.



#### Testimony of Britney Jenine

My journey with God began after the passing of my grandmother. My grandmother loved God, was an intercessor and a powerful women of God. After her passing, I became angry with God for taking away my only life that I had an encounter with God through a dream. I grew up in a Christian home, learnt about Jesus but it went up for my life. In January 2013 I made the decision to be baptised and I still remember that life-I had developed in my childhood. I used to be ashamed hands in church afraid of being judged - and I realised was the best decision I had ever made and the change what he's called you to do. in my life was evidence enough of just how good God's love is.

In 2014-2015, I began craving to know more about Jesus. I wanted to know and experience his majestic power. I remember I used to pace back and forth in worship and praise, just me and God. I began fasting and praying and I was eager to feel the Holy Spirit. I even started writing letters to God which helped me develop a relationship with him. For my 15<sup>th</sup> birthday, I was in the midst of fasting and I asked Jesus to be baptised with the Holy Spirit before my 15<sup>th</sup> birthday. Every day I would meet up with my aunt and her friend and we would worship and before my 15<sup>th</sup> birthday I received my heart's desire and began speaking in tongues. It was an experience like no other. Once you from writing that book. In January 2019 on my 19<sup>th</sup> learn how to tap into the Spirit and you start worshipping in the Spirit, you experience God's love in a whole new way. I encourage you to yearn to be baptised with the Holy Spirit and your life will never be the same again.

With this, I started reading the Word of God more, I began understanding it better because the Holy Spirit gives understanding and brings out revelation to the spoken Word of God. I began to transform as a person. Growing up, I used to be this shy girl who would be afraid to speak to people and I lived in the fear of what people think of me - but since the Holy Spirit came upon me I became BOLD! I began doing things I never

thought I could. In late 2015-2016, I discovered potential I never knew I had. I used to be ashamed of my gift of writing poetry since a young age but that changed. With the help of the Holy Spirit I understood a deeper meaning to my poems and how it correlated with the grandparent. It was during this grieving period of my Word of God. I learnt how to use my gift to spread the love of God. I began turning my writing into my ministry. In December 2016 I launched my first book entitled was only in my teen-years that I had accepted Jesus "Conquerors Unashamed". My life in 2016 didn't stop into my heart. I am grateful for all the prayers that there, I also learnt how to turn my writing ability into rap music so I also began performing with boldness that only came from the Holy Spirit. Also together with my changing experience when I gave my life to Jesus. From brother we started a dance team and from then we 2013, I slowly started slipping away from the bad habits have being performing for Jesus on various platforms. From 2016 I was also given opportunities to minister to stand up, clap my hands, sing and even raise my God's Word and learn more about ministry and theology. There is nothing greater than doing God's work. how ridiculous my mentality was. Giving my life to Jesus You find a different, comforting peace when you do

> In 2017-2019, I was involved in the work of God. I felt that I was doing everything right but God had other plans. Let's just say that during this time, my life was being transformed emotionally. Like the song goes "Everything that could go wrong all went wrong at one time"...this is how I felt. Nevertheless, I kept my faith in God. Yes it wasn't easy, there were times I was angry, confused and even wanted to give up but I'm GLAD I DIDN'T. Deep down in my heart I knew God was in control and that he had a plan for my life. My most frequent prayer during this time was "Lord Jesus, please don't let go of my hand". I knew how miserable my life would be without him. The Holy Spirit had led me to write a book based on love. I can say I learnt quite a bit birthday I launched my 2<sup>nd</sup> book entitled "Love's Ultimate Sacrifice". Now I am much stronger and mature than I was before my "valley experience" as many Christians call it. My advice to you who are going through tough times, DON'T GIVE UP! JUST HOLD ON TO JESUS! HOLD ON TO HIS PROMISES! And I assure you, whatever your situation is right now - it's going to turn into your testimony one day!

> Now in 2020, I'm back! I'm giving my dreams one more try. I'm positioning myself to be used by God so that his purpose for my life may be fulfilled. I went back to the place where I got stuck and I'm starting again from the bottom. I'm trusting God for the great things he is going to do in my life.

#### Testimony of Prophet Omar

When I was a 15 year old boy in January 2010, I used to go to Madressa, I grew up in the Islamic religion. I went to Alan Wilson Boys High School and there came a time where my friends at school, would go to Scripture Union, which was a place where Christians would pray. I never really liked it, I used to say you follow Jesus and I follow Mohammed who was the last prophet to Muslims. My friends kept insisting and then one day they took me to one of these meetings and

the guy was sharing the Word in the front. When he finished what he was saying, I could not understand because I was just there to make my friends happy. Then he called me to the front and said that I needed to accept Jesus, I needed to say that prayer. When I said the prayer in front of everyone, something unusual happened. I developed a hunger to know Jesus. Since that day when I arrived home, I wanted to know more, I wanted to speak in tongues and I read the book of Revelation and the book of Acts about speaking in tongues. I was burning to know him. That was Monday. So Tuesday I was going through the Word and seeking to receive

the Gifts of the Spirit. On Wednesday I went to Scripture Union. Guys from Christ Embassy, who were like Missionaries, came and were sharing the Word about the Holy Spirit and they said I needed to receive the Holy Spirit. When they came and touched me I received the touch of God, I received the Holy Spirit. I was speaking in tongues for the first time. That's when I started experiencing the supernatural. So from then, my hunger increased. All these things I was doing in secret because I didn't want my family to know. I was going home, going to Madressa and going to the Mosque.. So in 2011 my faith was getting stronger and stronger. In 2012 I grew so strong in my faith that I was teaching Christians in churches about the Word. I also managed to influence the whole school, going to class and preaching the Gospel. People getting saved, all the students getting saved speaking in tongues, filling of the Holy Ghost. I became so respected in school they gave me a name - they used to call me General. Then persecution started from home and school. Some

of the teachers didn't like what I was doing because I would so boldly pray for people and they would experience the miraculous, the anointing, see prophesies coming to pass. It came to a level where I was not allowed to stay with five people and I was suffering persecution but I never allow anything to get to me. In my home they said I must not do all this preaching and I must stop this nonsense, but the more I faced the persecution, my hunger for Jesus grew stronger and I started doing more and more. When I com-

pleted my Matric I had to leave my house and live with friends. I lived with a friend in 2013-2014 and my faith was getting stronger. In 2015 I went back to my family and they received Jesus. I went to Prayer Mountain for 3 months and when I returned my eyes were opened. I was stronger than I was before. There came a time while I was still in school, I went to see one man of God in 2012 just to confirm my calling. When I went there he called me a Prophet but I never really believed and when I left there everywhere I went people began calling me Prophet. There I got

into the prophesy of God and the prophetic anointing. I came to Durban in 2016 when there was a Pastors Fraternal in Phoenix at Jehovah Jireh Ministry. I just stepped inside and there was an elderly man who started to prophesy. He said "You are akin to the prophetic, you shall spread the prophetic to the whole nation, you are a Prophet of God. This gave me the boldness to accept my calling because I never really accepted my calling until recently when I believed I am a Prophet of God. Then all things began to fall into place. My first revival started at that age before I turned 20 years. I was seeing the hand of God. I had my biggest revivals in unit 2 between the ages of 20-21 in a 200 seater tent. I witnessed the power of God at work. I knew I was called into the Prophetic from a very young age. There was a guy who was very sharp in the prophetic and he called me and confirmed my calling. This is my testimony to tell of Jesus' love today.

#### Testimony of Bradley Moonsamy



 ${
m H}$ ello there! To all the fantastic youth of today, I would like to share my experience of how God has helped me and changed my life for the better. This is my testimony.

It all began about 6 years ago when I was in Grade 4 and my life was a mess. I

Success." In order for me to be built on it, I first thing you do. needed to have it. I began to fast and pray again but

this time I studied as well. With the help of God and studying hard I completed my Grade 8 with three awards and came out second in the Grade! That was only through prayer.

In Grade 9, my passion was full on my academic progress. The fire was lit in me after receiving those awards. I began working harder, turned to God, was fasting and praying and I came out first in the Grade for all four terms. I ended up with four awards and topped the standard.

didn't like going to school. From a spoilt brat who didn't think school was im-For a year, I probably was portant to the success I have today is only because absent half of the time. I of the Grace of God and consistent hardwork. Alhated school and everything about it. In the grades though I went astray, Jesus stood by me and helped following I went from bad to worse. I would try me. Jesus is reason I achieved the success I am toevery trick in the book to stay at home. I went to- day. I am also in leadership positions in school. So wards a wrong path in life and was led astray. I my advice to you today is no matter who you are, surely would have never become anything in life, remember that everyone is made for a purpose. but then I entered High School. In Grade 8, I turned Jeremiah 29:11 says "For I know the plans I to God and would fast and pray every time I wrote have for you, declares the LORD, plans to prosmy exams but I never learned for my exams which per you and not to harm you, plans to give you was a bad thing. To my surprise I passed the first hope and a future." God always has your back. All term, but then I failed term two and term three. This we need to do is seek his face and turn from our hit me, I felt I was never going to be successful, but wicked ways. Education is important and it will help then one day I woke up and realised that I wanted to you achieve what you want, so focus on school, be a success. I thrived on the quote "Built on Self study hard and most of all seek God first in every-

#### Did you know?

Chain messages which state that if you don't forward to certain amount of people something bad or something good will happen to you is NOT of God. DO NOT FORWARD or even bother to read them because it's not biblical nor will God ask someone to start a chain threatening people to share the Gospel. Nothing bad will happen to you if you don't send nor is sending it a way for you to prove your faith. Your faith in God is not based on fear but on trust in God and His Word. If you have read these messages and feel afraid quote a scripture like Psalm 23 and apply the blood of Jesus over your lives.

# Motivation by Michelle Govender

When it comes to speaking about Jesus, it is surely a tent for the sun. It is like a bridegroom coming one of the best topics one can bring to a discussion out of its chamber, like a champion rejoicing to and to know Him, it is even better. Each person's run it's course. It rises at one end of the heavens journey in life is not the same. We all endure differ- and makes its circuit to the other; nothing is deent circumstances but I thank God that He is not cir- prived of its warmth. The law of the LORD is percumstantial and that's a fact. Every aspect of our fect, refreshing the soul. The statutes of the lives has been pre-ordained by God. When I reflect LORD are trustworthy, making wise the simple. on my past and how far I have come, I know it was The precepts of the LORD are right, giving joy to

that guided me every step of the way, even when I thought I was facing my battles alone, Jesus was always by my side.

The knowledge of God is the most valuable knowledge one can possess but that simply isn't enough. We need to deeply appreciate and develop a relationship with Him. We can only do this by delving into the Word of God. God's desire for all of us is to know Him more and to experience His love for us who is Jesus. In times when I am confused or dismayed I

turn to the Bible. It is God-breathed scripture that encourages me and teaches me and I find comfort in His Promises. The best thing that my family gave me was an introduction to Jesus.

I ask you to open your heart to Jesus when He introduces Himself to you and I guarantee you that your life will never be the same again.

#### Psalm 19

"The heavens is declare the glory of God; the skies proclaim the work or his hands. Day after day they our forth speech; night after night they reveal knowledge. They have no speech, the use no words; no sound is heard from them. Yet their voice goes out into all the earth, their words to the ends of the world. In the heavens God has pitched

not by my own merit. It was simply the Grace of God the heart. The commands of the LORD are radi-

ant, giving light to the eyes. The fear of the LORD is pure, enduring forever. The decrees of the LORD are firm, and all of them are righteous. They are more precious than gold, than much pure gold; they are sweeter than honey, than honey from the honeycomb. By them your servant is warned; in keeping them there is great reward. But who can discern their own errors? Forgive my hidden faults. Keep your servant also from wilful sins; may they not rule over me. Then I

will be blameless, innocent of great transgression. May these words of my mouth and the meditation of my heart be pleasing in your sight, LORD, my Rock and my Redeemer."

This is my favourite chapter because there's no denying the wonders of our Great Living God.

#### God Bless!

# verse

#### Hebrews 4:12

For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitides of the heart.

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

Be completely humble and gentle; be Be completely number and gentle, be potient, bearing with one on other in love.

#### Psalm 37:4

Take delight in the Lord and he will give you the desires of your heart.

> Romans 8:14 For those who are led by the Spirit of God are the children of God.

The fear of the Lord is the beginning of

Humble yourselves before the Lord, and he will lift you up.

1 Peter 5:5 God opposes the proud but shows favor to the humble.

#### James 4:6

But he gives us more grace. That is why Scripture says: God opposes the proud

but shows favor to the humble.

everything in it, the world and all who live in it; for he founded it on the seas and established it on the

Psalm 24:1-2

The earth is the

LORD's, and

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of

Do your best to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles

#### Philippians 2:3-4

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

#### Proverbs 24:16

For though the righteous fall seven times, they rise again, but the wicked stumble when calamity strikes.

#### Psalm 125:1-2

Those who trust in the LORD are like Mount Zion, which cannot be shaken but endures forever. As the mountains surround Jerusalem, so the LORD surrounds his people both now and forever more.

#### Purpose - by Britney Jenine

There's a fire burning within Since the day that I was born It wanted to come out But I decided to let it burn Then one day I thought, "What if this was meant to be?" "What if I had this purpose?" That could set my broken heart free So I woke up one morning, And decided to make a change To forget about my past and hurts And to be made anew again I understood I had a reason A purpose to be on this earth Though the devil's always teasing That my life was not worth But I knew that Jesus had a plan Because of which did save my life For today I have a purpose That will bring people into the light

# The Word is Alive

### Bible Stories

#### Elijah Fed by Ravens

1 Kings 17:2-6

Then the word of the LORD came to Elijah: "Leave here, turn eastward and hide in the Kerith Ravine, east of the Jordan. You will drink from the brook and I have directed the ravens to supply you with food there." So he did what the LORD had told him. He went to the Kerith Ravine, east of the Jordan, and stayed there. The ravens brought him bread and meat in the morning and bread and meat in the evening, and he drank from the brook.

#### The Parable of the Persistent Widow

Luke 18:1-8

Then Jesus told his disciples a parable to show them that they should always pray and not give up. He said: "In a certain town there was a judge who neither feared God nor cared what people thought. And there was a widow in that town who kept coming to him with the plea, 'Grant me justice against my adversary.' "For some time he refused. But finally he said to himself, 'Even though I don't fear God or care what people think, yet because this widow keeps bothering me, I will see that she gets justice, so that she won't eventually come and attack me!" And the Lord said, "Listen to what the unjust judge says. And will not God bring about justice for his chosen ones, who cry out to him day and night? Will he keep putting them off? I tell you, he will see that they get justice, and quickly. However, when the Son of Man comes, will he find faith on the earth?"

## Guess the Bible Character

1. I was a righteous man in my time.

I obeyed God's instruction and built what he asked.

I lived in the time of a flood.

I have 3 Sons.

Who am I?





2. I wa<mark>s separated from</mark> my family when I was a baby due to a slaughter in the land.

I was found by Pharaoh's daughter, raised in luxury compared to my people.

I was used by God to save his people.

Who am I?

3. I am the second youngest from all my brothers.

I've been sold as a slave, falsely accused of molestation and was thrown in prison.

I was found favour and became the vizier, the second most powerful man in Egypt next to Pharaoh.

Who am I?



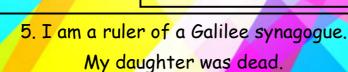


4. I was a persecutor of Christians.

I encountered a Light who changed my life.

I preached the Gospel of Jesus Christ.

Who am I?



Jesus performed a miracle and raised her to life.

Who am I?





6. I witnessed my Lord's crucifixion and resurrection.

I anointed my Lord's feet with perfume and was forgiven by him.

Who am I?

## How should I dress for church?

This is a question many of us ask ourselves. So What Is Appropriate And What Is Not?

#### Males:

You may use Formal Clothing:

- Suit
- Formal pants and shirt
- Smart casual.

A male using earrings is not appropriate! Although we cannot stop ear piercing of males, we can request that you not wear earrings to church to respect the house of God.

#### Females:

You may use Formal Clothing:

- Pants & shirt
- Smart casual
- Dresses (just above the knee)

Anything shorter causes a distraction in church. God is not pleased with you causing men to think impure thoughts in his Holy Temple.

The above applies for skirts being worn to church. Tops should be covering the whole body and not showing off belly buttons. Seethrough clothing is highly disrespectful. Church is a place of worship not a fashion show.



Your body is the temple of the Holy Spirit so you should always respect it. The way you take care of yourself and dress reflects Christ Jesus in your life. It also displays your value –DON'T FORGET THAT! You don't need to dress "cheap" to attract attention. You need to dress as if you were dressing to impress God not your friends and remember you don't have to wear expensive or fancy clothes to fit in. Be yourself and content with what you can afford. Be grateful for what you have. Be simple and comfortable. Don't be quick to judge others, you don't know or understand the sort of background they come from. So be kind always even if your friends are not. End of the day, always think of what Jesus would do. God is love so learn how to love and treat everyone equally. - *Britney Jenine* 

### Delicious and Super-fast meals

Being young and always on the go, you do not really want to spend most of your day in the kitchen cooking away for breakfast, lunch, supper or dessert.

Below are some tasty, popular and most of all comfort food that looks restaurant worthy without the long preparations and cooking time. These are some recipes I found to be really good.

#### STARTER

Sheet Pan Nachos

#### **INGREDIENTS:**

- 1 tablespoon olive oil
- 1 pound ground beef
- 2 cloves garlic(minced)
- 1 (1.25-ounce) package taco seasoning
- 12 ounces tortilla chips
- 1 (15-ounce) can black beans (drained and rinsed)
- 1 cup corn kernels (frozen, canned or roasted)
- 1 cup shredded cheddar cheese
- 1/2 cup shredded Monterey Jack cheese
- 1 Roma tomato (diced)
- 1/4 cup red onion (diced)
- 1 jalapeno (thinly sliced)
- 2 tablespoons sour cream
- 2 tablespoons chopped fresh cilantro leaves

#### INSTRUCTIONS:

- Preheat oven to 400 degrees °F. Lightly oil a baking sheet or coat with non-stick spray.
- Heat olive oil in a large skillet over medium-high heat.
   Add ground beef and garlic. Cook until the beef has browned, about 3-5 minutes, making sure to crumble the beef as it cooks then stir in taco seasoning. Drain excess fat.
- Place tortilla chips in a single layer onto the prepared baking sheet. Top with ground beef mixture, black beans, corn and cheeses.
- Place into oven and bake until heated through and the cheeses have melted, about 5-6 minutes.
- Serve immediately, topped with tomato, onion, jalapeno, sour cream and cilantro.

#### BEVERAGE

Mocktail - Virgin Mojito

#### **INGREDIENTS:**

- 1 tbsp lime juice (or to taste)
- 1 tbsp simple syrup or honey (or to taste)
- 10-12 mint leaves
- ½ lime (sliced)
- Ice (as required)
- Club soda, sprite, sparkling water or ginger ale (as required)
- Spoon and glass of your choice.

#### INSTRUCTIONS:

- In a serving glass add the lime juice, simple syrup or honey, half of the lime slices and mint leaves and crush using the back of the spoon.
- Do this for only about 10 seconds so that the mint releases its essential oils.
- Don't overdo it as it will make the mint taste bitter and your drink may taste unpleasant.
- Now fill your glass with ice and top with your choice of bubbling drink like club soda, sparkling water, sprite or ginger ale.
- Garnish with lemon slices and mint leaves and serve immediately.



#### MAIN

Butter Tomato Pasta

#### **INGREDIENTS**

- Toasted bread crumbs (OPTIONAL)
- 2 tbsp olive oil
- 1/2 cup breadcrumbs
- 1/4 tsp salt
- 1/2 tsp dried oregano
- Freshly cracked Pepper
- Pasta with butter tomato sauce
- 8 oz. pasta
- 4 tbsp salted butter
- 3 cloves garlic
- 28 oz. can whole peeled tomatoes
- 1/2 tsp salt (or to taste)
- Freshly cracked pepper



- To make the toasted bread crumbs, heat the
  olive oil in a large skillet over medium heat. Once
  the oil is shimmering, add the bread crumbs, salt, oregano, and some freshly cracked pepper.
  Cook and stir the bread crumbs continuously until they achieve a deep golden colour. Remove
  them from the skillet and let it cool until ready to use.
- To make the sauce, mince the garlic and add it to a large deep skillet with the butter. Sauté the garlic in the butter over medium-heat for about a minute, or just until it becomes fragrant. Add the can of tomatoes, along with all the juices, and some freshly cracked pepper. Break the tomatoes up into a few chunks with your spoon (they should be soft and easily crushed).
- Stir the ingredients in the skillet, then let it come up to a simmer. Once it reaches a simmer, reduce
  the heat to medium-low and let it continue to simmer, without a lid, for about 30 minutes. Stir
  the sauce occasionally as it simmers, breaking the tomatoes into smaller pieces as you stir.
- While the sauce simmers, cook the pasta according to the package directions. Save about 1/2 cup
  of the starchy cooking water before draining the pasta in a colander.
- After simmering for 30 minutes, the sauce should have thickened and become slightly less acidic and slightly sweeter. Season the sauce with a final 1/2 tsp of salt (or to your liking). Add the cooked and drained pasta to the sauce and toss to coat. Use some of the reserved starchy cooking water to loosen the pasta if it becomes too dry. Top the pasta and sauce with a generous sprinkle of toasted bread crumbs, then serve.





Super fudgy and dense cocoa brownies are gooey on the inside. 27 This easy recipe is the only brownie recipe you will ever need.

#### **DESSERT**

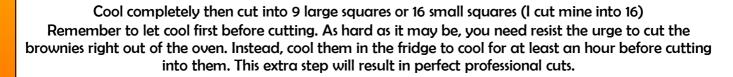
#### Easy Cocoa Brownies

#### **INGREDIENTS:**

- ½ cup melted butter or 1 stick
- ½ cup unsweetened cocoa
- 1 cup sugar
- 2 large eggs
- 1 teaspoon vanilla essence
- ½ cup flour
- 1/4 teaspoon salt (leave out if using salted butter)

#### INSTRUCTIONS:

- Pre-heat oven to 350°F. Grease a square pan or line with foil and set aside.
- In a medium bowl combine melted butter, flour, cocoa and sugar. Stir until fully dissolved.
- Add eggs one at a time then vanilla and stir until well combined.
- Optional: Fold in 1 cup of nuts, raisins, chocolate chips or anything you desire.
- Spread in pan and bake for approximately 20-22 minutes or until the centre is slightly set. Be careful not to over-bake!



If you're like me and you love CHOCOLATE, then do yourself a favour and chop up 4 of the baking chocolate and stir them into the batter. This will take the brownies (which are already AMAZING) to the next level and make them EVEN BETTER.

These meals are super quick and easy, for people who are working and have a family or for those who simply wish to treat their loved ones to something amazing.





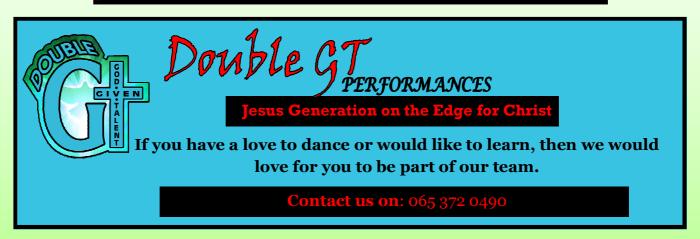
## Promotions

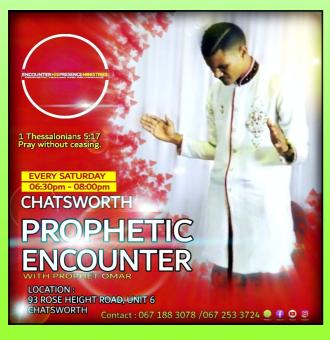
## Shekinah Pulse

If you are looking for a fun youth club to join who are Bible-based and will help you know God more then look no further.

We are here for you!

Contact us on: 031 404 8020 54 Road 747, Montford, Chatsworth







Due to the Lockdown, all meetings are currently closed. If you are interested in any of the above kindly contact the number or the magazine and we will keep you updated on when everything opens again.

#### Q: What does it mean to be in a relationship with God and live according to his will?

A: Each and every one of us has a purpose on this earth. We have all been placed here for a reason, which includes serving others, serving God, and fulfilling His plan for our lives. But how do we know what that plan, or His will for our lives, is?

Being in a relationship with someone means that tionship is based on communication, and our relationship with God is no different. God wants to be in Him in everything we do. relationship with us, he wants to communicate with us, so we have to make an effort to grow our relationship with Him, because a relationship without

communication will die. As the Bible says in Jeremiah 29:11, "'I know the plans I have for you', declares the LORD, 'plans to prosper you and not to harm you, plans to give you a hope and a future." That is what God wants for us, to have a good life, and He will continue to bless us beyond measure, and all he wants from us is a relationship a relationship built on communication, a relationship that is grown by reading His Word and praying.

Romans 12:2 says "Do not conform to the pattern We were created to have a relationship with God. of this world, but be transformed by the renewing of your mind. Then you will be able to test and apyou have to work at it, you have to grow it. Just in prove what God's will is - His good, pleasing and the same way as you water a plant to grow it, you perfect will." In doing this, along with reading the have to make an effort to grow your relationship Word of God, we will begin to understand what with God, and become closer with Him. Every rela- God's will for our lives is, and then we will be able to be true children of God, obeying Him and seeking

Answer by Aaron Garton.

#### Q: How do I know what God's purpose for my life is?

A: The answer to that question is found in 1 Corinthians 2:9-12:

"What no eye has seen, what no ear has heard, and what no mind has conceived" - the things God has prepared for those who love him—these are the things God has revealed to us by his Spirit. The Spirit searches, even the deep things of God. For who knows a person's thoughts except their own spirit within them? In the same way no one knows the thoughts of God except the Spirit of God.'

The Holy Spirit is the only one who can reveal God's purpose for your life. Having a relationship with God is the only way for you to live out your

purpose. If you have a burning desire in your heart or have been having dreams or visions or you notice a pattern of prophecy over your life in a specific field in ministry then you have being receiving a call from God.

God called out to Samuel in a dream, He called out to Moses through a burning bush, he called Paul through a vision and David through a Prophet. You will know your calling as the Holy Spirit reveals it to you. There will always be confirmation by two or more people when the Holy Spirit reveals God's purpose for your life. So pray and ask the Holy Spirit to reveal God's purpose for you and ask Him to lead you according to the will of God.

Answer by Britney Jenine.

# Q&A

## Q: How do I deal with people and problems that have hurt me deeply in my life?

**A:** We will always be faced with the trials and tribulations of life. But there will always be only one reason we get through them... Jesus.

The thing most people don't understand is that sometimes God deliberately puts problems and certain people in our life, not to cause us pain, but to learn and grow from. You may think it's a curse or burden but the outcome will always be a blessing. You just have to trust in Him like the Bible says in *Psalm 118:8*, "it is better to trust the Lord than to put confidence in man". So if someone hurts you or you're in a situation you can't seem to get out of, don't forget Jesus. Pray and ask God to reveal to you what He's trying to teach you.

I speak from experience because there was a time in my life that I was surrounded by darkness. I had a major case of depression and anxiety and I felt alone, like there was no one who wanted me or loved me. God took away all of my friends, and I say that God took them away because they didn't just go away. God took them away for my good, because they were toxic for me but I didn't know it. He knew better and even though I thought things were going bad at first, it all worked out in the end. That





is how amazing and graceful God is. There are two scriptures that always make me smile every time I read it because I think of what I've overcome depression) and then I think about how true the Word of God truly is.

The scriptures

come from John 15:7 and Romans 8:28. *John 15:7* says, "you may not understand now what I'm doing but someday you will". And it's so true because I couldn't understand why God would put me in that position but now I know that it was all for my good (Romans 8:28).

So when you don't understand why these bad things happen, why people are hurting you or why you're facing a problem you can't seem to get out of, remember that it's okay to not know what to do or how to fix it because the Bible says in *Proverbs 3:5-6*, "trust in the Lord with all your heart and lean not on your own understanding, in all your ways acknowledge Him and He will make straight your path". So you don't have to understand your pain, God will get you through it anyway.

He hears your prayers and sees your tears; He will heal you (2 Kings 20:5). The battle is not yours, but God's (2 Chronicles 20:15).

**Answer by Shannon Pillay.** 

If you have any questions you would like answers to, feel free to write to us via whatsapp or email. Your questions will remain anonymous. If they are too personal or controversial it will not be published in this magazine but we will try our best to give the answer directly to you. - Britney Jenine

## YouthCross Experience

Thank you to our Team who have contributed towards making

### YOUTHCROSS EXPERIENCE a SUCCESS.

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- Britney Jenine
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- Shannon Pillay

If you would like to be part of this magazine, don't hesitate to write to us.

We will inform you about our requirements.

This is a good opportunity to impact someone's life!

Invite us on whatsapp and let us know what topics you would love to read about. This is also a great way to directly receive our latest Issues.

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