

Issue 12

July / August / September 2022

YouthCross

Experience

Christian Magazine


Pass

Jesus

To The

Next

One



From Generation to Generation

How do I
Marry
after
TRAUMA?

HEAL
from the
HURT

Testimonies & more ...

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Editorial

THE GENERATIONAL EFFECT

Each person has a choice to make every day of their lives that will have an impact on their future generations. The Generational Effect is like a ripple in one's life. If you look at your life today, the way you live and the way your personality is shaped is based on the decisions carried out by your previous generations.

I am the way that I am because of my previous generations. They accepted Jesus, toiled in His work and served Him with their lives. They passed His teachings to me as I would pass them to my children. When they passed the teachings I stretched out to receive because I had seen the evidence of what I received. The foundation that was laid by my previous generation enables me to build the way I can today and for that I am grateful.

Are you laying down the foundation for those to come? Is the foundation you are laying strong enough to withstand the storms? Are you planted deep enough in God that the generation to come will need only take a piece of you and plant themselves in Christ so that they can flourish as you are? The hierarchy of your legacy is going up not down. The next generation is to be better than us, doing more than us and learning from us.

Are you breaking the curses at its root that it will not poison the next generation? Are you declaring and professing the blessings to follow your next generation as they are following you? Life and death is in the power of the tongue (Proverbs 18:21). Repent for the sins of the past generations, yes, rebuke it and break the curses, and also

seek forgiveness. Begin with a clean heart and a washed slate so that starting from you, the generations to come won't have to pay for the sins of past generations (Psalm 79:8).

Let who you are resound Jesus. Let your face radiate His glory. Let your heart feel His promises as you keep His commands. It starts with you, your mind-set, and your heart. It starts with your decision. Do you choose to be content in your circumstances or are you going to do something different so that the next generation would live better?

The best gift I received was the chance to know Jesus. Everyone's lives are not the same. But the best gift you can pass on to the next generation is to teach them how to have a relationship with Jesus. That's power that can elevate an entire generation and keep them on the path of righteousness. (Proverbs 22:6). It's a precious gift to know that when you get to heaven, your loved ones are going to be there with you.

Know the power that a generation after God's heart carries. Seeking God first would be every day practice. Prayer will be daily conversation and love will keep them together.

**Britney Jenine
Editor-In-Chief**



Heal, Change, and Grow!

BY BRITNEY JENINE

Life has the tendency of shaking us up until we lose our balance and fall, but the fall is not the end. Those rocks that are aimed at us may divert us from the path we foresee, it may even cause us to stumble in the wrong places but it's never the end. In everything that we experience there is a way out and the Way is Jesus. The light that we follow out of the darkness is Jesus, and the best way to RISE UP after the fall is holding on to JESUS!

Trust the Process of Healing

You can't feel the love without the pain. You need to go through the pain to know what love feels like. Love hurts as much as it heals, that's how we know it's real because that snap back to reality really awakens our soul. Such emotion cannot be fake because it cuts, it bleeds, it wounds, and it heals, and for healing to take place certain cleaning needs to be done. When you use a soft piece of wool and it touches a sore, that part of you is going to hurt, but as you keep applying the ointment day in and day out, the pain becomes lighter and the wound gets better. You just need to trust the process of healing and not disregard the need for the ointment. The ointment is Jesus and Jesus is love.

Trust the Process of Change

Change is a difficult phase to go through. It's a phase where you learn how to evolve out of the brokenness into your new self. It's a time where every decision you make determines the outcome of the life you want to have. Change begins in your mind. If your mind is set right then your heart is automatically opened to guide you on the right path. Changing from what you are and what you can become is challenging, yet it is so important in order to grow. Don't be content with what you know but crave the ability to learn what you don't. Become better – strive for the best. Take everything to God in prayer and allow the Holy Spirit to help you discern who to keep or what to keep in your life. There's a season for

everything and if there isn't any change in your life when you step out of one season into another, then you need to re-evaluate your life. Remaining stagnant isn't going to help you progress. There has to be a change and that change has to be aligned with God's plans and it needs to shift you from one level to another in your mind, body, and soul.

Trust the Process of Growth

There's not enough time. Everything is a rush. How does a person embrace growth? Growth is one of God's blessings to us. He sends us into this world as an infant and takes us from it when we are ripe in age. His breath is in us and every time we embrace Him, we embrace the ability to grow. In every second we get older, hence with every breath we take, we grow. Growing physically is inevitable. Growing spiritually and mentally is a choice. God already planted us. He waters us and He gives us plenty of light. Why are we not sprouting?

We need to trust these processes in order to reach our full potential in Christ. Healing takes time, Change takes time, and Growth takes time. Seek Jesus through them all because these are roads we can't walk on our own. The strongest person feels weak and the weakest person is strong in Christ.



Marriage after Trauma

It is undeniable that our parents' relationship affects the way we view love and romance. Our parents are a model for everything in our everyday life. They are constantly watching and learning; the doctrine of their parent's life is brainwashing their subconscious minds. Parents become teachers of every aspect of everyday life, and yes, this includes romantic relationships. It is suspected that an

Don't worry that children never listen to you; worry that they are always watching you.
~Robert Fulghum

individual will look for their parents in their future partner, as love is associated with those similar qualities. A girl whose father is in the army will look for a soldier to marry, and a man raised by a single mother will probably look for an alpha female. The traits associated with our parents' relationship attract us to our future partner. The question is: Is your relationship Christ-centred so your children can develop an expectation of a healthy relationship?

If a relationship is abusive, the children will believe that love is shown in toxicity. This is one of the reasons why most people stay in abusive relationships because their parents have normalized it. The same goes for anger and tantrums. They have been taught to carry that behaviour in the name of love.

"Toxic parents are the root cause of all dysfunctional families because the fish rots first at its head."

- Anonymous



Relationships with a plethora of conflict and arguments are most likely to raise people who cause conflict because they believe it must be present in their relationship. Some people start arguments for nothing because they feel their relationship needs more drama. After all, it has been normalized in their subconscious minds.

However, when it comes to broken relationships where

divorce occurs, the children who experience this have much less trust in others, resulting in them having no interest in relationships or commitment to marriage. They feel they don't need to get their fingers burnt, so they move from one relationship to another, doing what they can to break up and, in doing so, believe the very lie that reverberates in their subconscious minds.

Now, this doesn't mean that your relationship with your spouse will be defaulted to ruin because of your parents. This is why premarital counselling uncovers hidden defects that must be addressed and corrected. Some will have to face correction, and some will need to receive healing. The importance of couples counselling cannot be stressed enough. If your partner refuses to attend godly counselling, that is a red flag already. The question arises then, what are they hiding?

“
Family is supposed
to be our safe haven.
Very often, it's the place
we find the deepest
heartache.

- Lyana Vansant

Marriage after Trauma

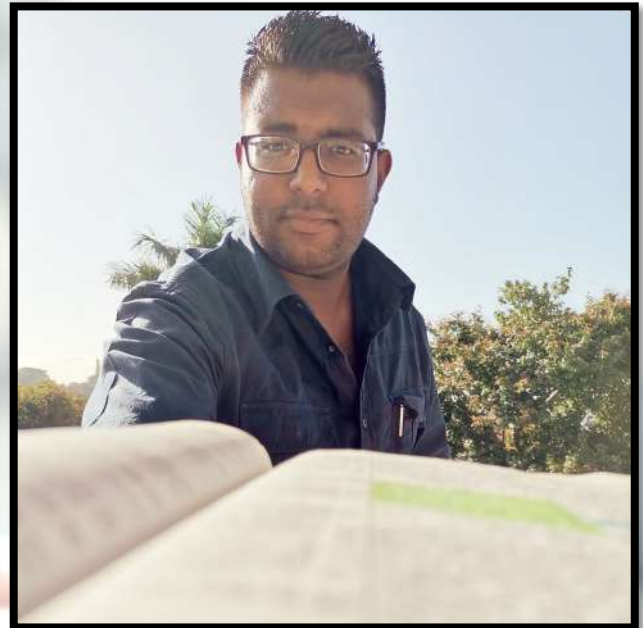
CONTINUED ...

One must always remember that sin brings generational curses, but obedience brings generational mantles. Therefore one should make sure that Christ is at the centre of their relationship so that they can break the chains of the past. Not many see this, though. Many want it to be different from their parents' relationship but never do anything different. And unfortunately, they end up having a relationship that is just like the one they feared in the first place.

“ A couple has to be both legacy keepers and cycle breakers when it comes to love and marriage, creating a better blueprint for future generations...”

Kimie Pearl, love coach, relationship expert, and founder of Worth The War

Love is a person, and He is seldom invited into relationships, which is why many of them fail. The Bible has its commands about love; when we obey them, we will find a relationship that lasts, a love without trauma, and a marriage filled with purpose.

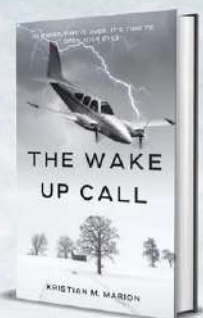


BY KRISTIAN M MARION

THE WAKE UP CALL

FRED IS A WORLD-FAMOUS PREACHER FROM CALIFORNIA WHO TAKES A FLIGHT TO VANCOUVER. BUT EVERYTHING GOES WRONG...

WHEN HIS PLANE, THE HARVESTER, CRASHES IN AN UNKNOWN LOCATION IN CANADA'S SNOWY FOREST, FRED MUST FIGHT FOR SURVIVAL ON HIS OWN. BUT WHEN HELP DOES COME, HE FINDS HIMSELF TRAPPED BY A HERMIT WHO WON'T LET HIM GO...



KRISTIANMMARION.COM

Kristian M. Marion is an author, poet, blogger, and writer who has self-published two poetry anthologies and two novels. Between Stanzas contained 100 poems, and the Grand Designer held 70. He has also written several novels, Suicide Mission, Shanagai, and When Love Pays A Visit. In addition, he writes thought-provocative material that challenges beliefs and ideologies. Kristian has published his latest book - The Wake Up Call. He also performed many live performances of poetry and recorded them for soundtrack purposes. The 27-year-old currently resides in Durban, Malvern, KZN.

SUCCESS THROUGH DESIRE

Marcelino M Reddy

1. How did your journey with Christ begin?

It began at the age of 6, when I was taken to Church. I was a Kid, with a natural talent and gift from God in music, following my dad's legacy as a local musician. With music being in my blood, I was part of the praise and worship team. I grew in the music ministry and in Praise and worship since then I've been in Love with the Lord Jesus Christ and serve him faithfully.

2. What would you say is your biggest weapon/ weapons when facing your battles?

I think the greatest weapon given to every child of God is prayer. No matter what we face, we must understand that we need to communicate with God and this is only through prayer.

3. How has living your life for Christ Jesus impacted your way of daily living?

This has had an immense impact in my daily living because with Christ I find my Joy no matter what I face. Living for Christ does not mean that we would not face challenges. Serving Him and having a

relationship with Him because He gave His me, giving me joy makes me content in Christ. Serving the Lord Jesus is unlike any other religion but it's a reality. I live for Him and I can share of His love to others just by been content and understanding that His Grace is sufficient for me.

4. Can you name a moment where the Holy Spirit showed up and caused a miracle to happen?

Too many times. It's amazing how God comes through for you when you feel like all is lost. Being human sometimes means that we let our emotions get the better of the



situations we face. We have to let the Holy Spirit do what He needs to freely. Little things are miracles which show you that God's hand is upon you. In my album and debut single "Never let you go", there is a simple story in this song. The story is that no matter what we face all we have to consider is that Christ died for us and no matter what we face, He will never let us go. Even when darkness comes His Holy Spirit is with us.

MARCELINO REDDY

BIOGRAPHY

Marcelino Reddy is a Durbanite born and raised in Merebank. Influenced by his late dad Tino Reddy, a seasoned musician and entertainer, Marcelino developed a deep passion for music. Since the age of six his talent began to cultivate in his home church AFM Merebank. It was in this church that at the age of 12 he gave his heart to the Lord and began to serve in the Praise and Worship team, eventually becoming the leader. Marcelino has been blessed with the ability to play a variety of instruments and utilizes every gift for the glory of God. He was a founder of the band Kingdom Bound and the band has performed in a number of churches and events. Currently under the covering of Pastor Gonsil Chetty, Marcelino continues to pursue his musical passion and follows the inspired word of Jesus Christ.



Through his reliance on God after some personal challenges, Marcelino along with Claron Sankarand from Glosnetertainment was able to launch his debut video single "Never let You go", and shortly after, with a host of musicians, family and friends launched his album "Project Kingdom" in May 2022.

With his faith held strong in Christ and desire to show those around him the love of God through song and music, Marcelino perseveres to show all that Jesus is the way, the truth and life and that with Jesus all things are possible.

For more info

C: 0816825908

www.facebook.com/MarcelinoReddyM



DEBUT SINGLE



ALBUM



AVAILABLE ON



SUCCESS THROUGH DESIRE

Marcelino M Reddy

5. How is praise and worship drawing you closer to God?

They say when we leave this earth the only thing we would do is worship the Lord. Personally, this is my moment to give God my everything as He has gifted me to be a blessing to the body of Christ in this fashion. So, I will worship Him with my talent and passionately praise Him from my heart.

6. Can you explain the basics of worship?

We were created by a higher being for the very purpose to give worship to our Creator. So, God is alone worthy of this devotion. Without worshipping God I feel one would be miserable. Psalm 29:2 says "Give unto the Lord the glory to His name, worship the Lord in the beauty of holiness." Love him from your heart, many people think that praise and worship is only perhaps singing a song but it's much more. It's the condition of our hearts, a willingness to exalt God and yield to His will. It's an expression of love and awe to the God who gives us much more than we deserve, whether in song or dance, we are all called to worship God every day of your life.

7. Can you share your journey as a musician?

Well my inspiration has been my dad as he was a musical genius in terms of his vocal ability and having played all over SA. He grew in the jazz, cabaret and music industry

becoming the peoples entertainer as he performed and by taking me everywhere as a young boy, I developed a love for music and watched and learned from the many legendary musicians he performed alongside. Today, through his inspiration, I am grateful that I have the given ability to play almost all instruments and inspire young people. I have

worked with many talented musicians and have done many musical projects including a personal project in producing my own album and having become a songwriter.

8. As a musician, what are some of the challenges you have faced?

Well, it's not easy as you will face challenges such as jealousy among many musicians around you because we are all gifted in our own way. Some are more skilled than the next, but I think we should embrace each other's gifts. The enemy had also tried to take my joy away as a personal set back occurred not so long ago where went through much and I almost went into a place of wanting to give up, but I never let the enemy win. This is when I put pen to paper and started writing my own songs and began understanding my purpose.

As a gospel artist it's hard to break into the music industry but I keep the faith - and many are already being touched by my current album called "Project Kingdom".

9. What is your advice to people out there wanting to use music to share the gospel and to those who want to be involved in ministry?

Don't give up! Understand that God has given you the gift to be a blessing to others for a reason and that's to worship Him with your gift and do not let anyone tell you otherwise. Stay focused, work hard and love Him with all your heart and do not give up even if you feel like.

10. Where can people listen to your music?

It's playing on highway radio and all these digital platforms: Apple Music, Bandcamp, iHeart radio, Spotify, Lotus fm. You will find all links to these platforms on my Facebook Page, **Marcelino M Reddy**



PERSISTENCE AND DETERMINATION GOES A LONG WAY

You may have often heard the term that hardwork pays off. The truth is that it does. It's not a myth, its reality. If you want something in life you have to work for it and take it. Nobody is going to hand things down to you and you are not entitled to anything. As young people, right now is your chance to decide what the rest of your life will be like. The bible says in Psalm 37:5 "Commit your way to the LORD, Trust also in Him, and He shall bring it to pass." Plan your life and plan your future, even if it doesn't work out the way you want it to, as long as you are not wandering this earth without a path set before you.

Perseverance and Determination are two pillars that will carry you along with faith and love. Always remember that you can be successful in whatever you put your mind to no matter how small or big. Every step you take in life is ordained by God's purpose. Understanding God's purpose begins when you learn to trust the Holy Spirit. The Holy Spirit is the very power of God that lives inside of you. He is God in the Spirit and He can make a natural situation turn into a supernatural experience. The power of the Holy Spirit is not limited to sick bodies being healed, debts being paid or even a miraculous phenomenon. The power of the Holy Spirit is also the added strength you need to cope with your studies or life's cruelties. The power of the Holy Spirit is also the fresh breath of wisdom and understanding when you are sitting to write your exams. He is always there when you don't see Him but if you call out to Him, He will make His presence known to you. Your relationship with God

is the most beautiful and real relationship you can have in your life.

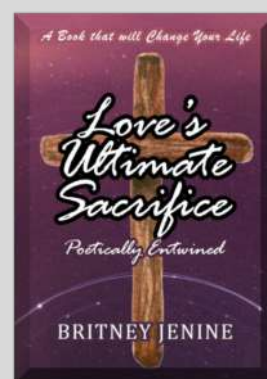
Keeping your eyes fixed on Jesus and keeping your mind focused on the tasks and goals ahead is the only way for you to move forward in the right direction. It is important to know where you are heading in life. Adopting a "don't care" attitude will only bring chaos into your life. There is a lesson that you need to learn right now in this stage. Life is merciless and it's tough. As a Christian, going through tough times doesn't always mean that the devil is after you. Sometimes those tough situations are growth mechanisms aimed to uplift you. You have the power to determine how your future will turn out and it all begins with a simple choice. God has given each one of us freewill. He will never force you to do something, but if you allow Him, He will guide you to do the right thing. You heard of the term "Conviction"? God will convict you if you are in the wrong through His Holy Spirit and that's nothing to be ashamed of. "Remember your Creator in the days of your youth, before the days of trouble come and the years approach when you will say, "I find no pleasure in them"" (Ecclesiastes 12:1). Your life is your own, your soul is your own. When you stand before God on judgement day, you are standing on your own and you will need to give an account of your life. You cannot blame your parents for the way your life turned out because ultimately it's your own decisions that govern your life. You can either make something of yourself and take life as it comes or you can sit in the shadows and waste away until those strings are cut and you are no

PERSISTENCE AND DETERMINATION GOES A LONG WAY

CONTINUED...

longer on this earth.

Perseverance and Determination will make your dreams come true. Imagine you are in a car. The two front wheels of the car are Perseverance and Determination. The two back wheels are Faith and Love. You are sitting on the passenger seat, Jesus is sitting on the driver's seat. All you can see is the road ahead of you and you have a destination in mind. You tell Jesus the destination and ask Him to take you there. The car begins to move fuelled by the Holy Spirit. You're hitting potholes on the way, but "Perseverance and Determination" are pushing over them and keeping the car moving. Your back tyres "Faith and Love" are feeling the bumps but because the front wheels are going, the back wheels are also pushing forward. Jesus is trying to steer the car through all the obstruction to help you reach your destination. You trust Him to take you safe to your destination. The road does get rocky but you look at Jesus because you know that He will take care of you on this journey. The car is your "Dream", it's your "Goal". Through life's challenges remember this: if Jesus is driving your dream or goal, then He will surely get you to your destination of fulfilment. Just make sure that all of your wheels are turning.



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BY BRITNEY JENINE



The

Experience Corner



TESTIMONY OF PADMINI GOVENDER (TOOTSIE)

Greetings in the mighty and powerful Name of our Lord and Saviour Jesus Christ. It is truly an honour and privilege to share my testimony with you and I pray as you read through it you will be blessed.

In Zechariah 4:6, God's word says "'Not by might nor by power, but by My Spirit,' Says the Lord of hosts."

In 2006, I was diagnosed with bilateral cervical ribs (extra ribs) on either side of my body. As the years went by, it affected my health where I underwent surgeries to have them removed. From then on, my health took a turn for the worse.

Three years after the surgeries I had a heart attack and was hospitalized for a while. I was prescribed various different medications as complications become worse. The total amount of medication for the day was 45 which I took 3 times a day. Nothing seemed to help and my body became weaker each day.

We were nearing the time of Easter and I was tired of all the medications. A voice within me told me to fast and wait upon the Lord. I fasted the whole week trusting God for my healing and that Good Friday morning as the people were getting ready for the March from Shekinah to the Westcliff soccer grounds I was among them. I prayed that morning asking the Holy Spirit to touch me and heal me so that I will never take any medication again. The Lord touched me on this beautiful Good Friday morning and healed me granting me with the desires of my heart.

We serve a mighty God! He truly is the Way Maker, Miracle Worker, Promise Keeper, Light in the darkness and it has been years now that I have given up on my medication, and each day God strengthens me to overcome my pain and do all things through Christ Jesus. I began to trust Him wholeheartedly and take Him by His word that neither will He leave us nor forsake us. That as His children, we should trust in Him with all our heart and lean not on our own understanding in all our ways acknowledge Him as our Lord and Saviour and He will direct our paths. All praise and glory and honour belongs to you our God.

I pray that you too can be strengthened in your faith and trust God always. God bless!

The Traditional Spill

BY BRITNEY JENINE

Generation to Generation

You moved over time

Crept your way through thin lines

To make it out alive

Values that's almost forgotten

And morals almost chased

Yet still a few will stand

and let a legacy not be forgotten

Swiftly moving it's way down

Passing some good, some bad -

Until that point of salvation strikes

Yes salvation the truth that always lasts

Review



NEWSPAPER: EMMANUEL'S VOICE **FOUNDER: PASTOR VINCENT NAICKER**

Review:

Emmanuel's Voice is a Christian Newspaper founded by the vision laid upon the heart of Pastor Vincent Naicker. This newspaper is there to bring edification and encouragement to many believers in Christ. It is filled with God-inspired content backed by thought-provoking scripture aimed at changing the heart of God's people and opening them up to His unconditional love. Emmanuel's Voice is created to step in as an encourager in one's life with its human-touch through the Spirit-filled articles in contains.

I thank God for Pastor Vincent as he began this publication. I know God is going to take it to the next level and it is going to reach many out there and help them though life's challenges. I also applaud the writers as God continues to use them to share His gospel, the team who worked on this newspaper and the advertisers who contributed in making this possible.

Emmanuel's Voice is freely distributed to the public in print and digital. If you would like a copy please contact us.

POWER VERSES

Luke 1:50

His mercy extends to those who fear him, from generation to generation.

Psalms 100:5

For the LORD is good and his love endures forever; his faithfulness continues through all generations.

Psalms 78:4

We will not hide them from their children; we will tell the next generation the praiseworthy deeds of the LORD, his power, and the wonders he has done.

Deuteronomy 6:6-7

These commandments that I give you today are to be upon your hearts. 7 Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.

Psalms 145:4

One generation will commend your works to another; they will tell of your mighty acts.

BIBLE STORIES

God's Covenant to Abraham

(Genesis 17:17-27)

When Abram was ninety-nine years old, the Lord appeared to him and said, “I am God Almighty; walk before me faithfully and be blameless. Then I will make my covenant between me and you and will greatly increase your numbers.”

Abram fell facedown, and God said to him, “As for me, this is my covenant with you: You will be the father of many nations. No longer will you be called Abram; your name will be Abraham, for I have made you a father of many nations. I will make you very fruitful; I will make nations of you, and kings will come from you. I will establish my covenant as an everlasting covenant between me and you and your descendants after you for the generations to come, to be your God and the God of your descendants after you. The whole land of Canaan, where you now reside as a foreigner, I will give as an everlasting possession to you and your descendants after you; and I will be their God.”

Then God said to Abraham, “As for you, you must keep my covenant, you and your descendants after you for the generations to come. This is my covenant with you and your descendants after you, the covenant you are to keep: Every male among you shall be circumcised. You are to undergo circumcision, and it will be the sign of the covenant between me and you. For the generations to come every male among you who is eight days old must be circumcised, including those born in your household or bought with money from a foreigner—those who are not your offspring. Whether born in your household or bought with your money, they must be circumcised. My covenant in your flesh is to be an everlasting covenant. Any uncircumcised male, who has not been circumcised in the flesh, will be cut off from his people; he has broken my covenant.”

BIBLE STORIES

CONTINUED...

God's Covenant to Abraham

(Genesis 17:17-27)

.God also said to Abraham, "As for Sarai your wife, you are no longer to call her Sarai; her name will be Sarah. I will bless her and will surely give you a son by her. I will bless her so that she will be the mother of nations; kings of peoples will come from her."

Abraham fell facedown; he laughed and said to himself, "Will a son be born to a man a hundred years old? Will Sarah bear a child at the age of ninety?" And Abraham said to God, "If only Ishmael might live under your blessing!"

Then God said, "Yes, but your wife Sarah will bear you a son, and you will call him Isaac. I will establish my covenant with him as an everlasting covenant for his descendants after him. And as for Ishmael, I have heard you: I will surely bless him; I will make him fruitful and will greatly increase his numbers. He will be the father of twelve rulers, and I will make him into a great nation. But my covenant I will establish with Isaac, whom Sarah will bear to you by this time next year." When he had finished speaking with Abraham, God went up from him.

On that very day Abraham took his son Ishmael and all those born in his household or bought with his money, every male in his household, and circumcised them, as God told him. Abraham was ninety-nine years old when he was circumcised, and his son Ishmael was thirteen; Abraham and his son Ishmael were both circumcised on that very day. And every male in Abraham's household, including those born in his household or bought from a foreigner, was circumcised with him.

GAMING TIME!!!

Bible Riddles



1. I am called the father of many nations. I had one son before receiving my promise son. Who am I?

2. I come from the line of David. Born before King David. Found a wife in my fields through a family member. Who am I?

3. I am a miracle, prayed for by a parent who yearned much for a child. Who am I?

4. I am the grandson of Methuselah and I have three sons. Who am I?

5. I became King at 7 years old and ruled for 40 years. I am the youngest king in the bible. Who am I?

DELICIOUS RECIPES TO ENJOY

Recipe for:

Chicken Tikka Masala

- Prep Time: 30 mins
- Cook Time: 50 mins
- Additional Time: 1 hrs
- Total Time: 2 hrs 20 mins
- Servings: 4



INGREDIENTS:

- 1 cup yogurt
- 1 tablespoon lemon juice
- 4 teaspoons ground cumin, divided
- 1 teaspoon ground cinnamon
- 2 teaspoons cayenne pepper
- 2 teaspoons freshly ground black pepper
- 1 tablespoon minced fresh ginger
- 2 teaspoons salt, divided, or more to taste
- 3 boneless skinless chicken breasts, cut into bite-size pieces
- 4 long skewers
- 1 tablespoon butter
- 1 clove garlic, minced
- 1 jalapeno pepper, finely chopped
- 2 teaspoons paprika
- 1 (8 ounce) can tomato sauce
- 1 cup heavy cream
- ¼ cup chopped fresh cilantro

INSTRUCTIONS:

- 1) Combine yogurt, lemon juice, 2 teaspoons cumin, cinnamon, cayenne, black pepper, ginger, and 1 teaspoon salt in a large bowl. Stir in chicken, cover, and refrigerate for 1 hour.
- 2) Preheat a grill for high heat.
- 3) Lightly oil the grill grate. Thread chicken onto skewers, and discard marinade. Grill until juices run clear, about 5 minutes on each side.
- 4) Melt butter in a large heavy skillet over medium heat. Sauté garlic and jalapeño for 1 minute. Season with remaining 2 teaspoons cumin, paprika, and remaining 1 teaspoon salt. Stir in tomato sauce and cream. Simmer on low heat until sauce thickens, about 20 minutes.
- 5) Add grilled chicken, and simmer for 10 minutes. Transfer to a serving platter, and garnish with fresh cilantro.

Youth Cross Experience

Thank you to our Team who have contributed towards making
YOUTHCROSS EXPERIENCE a **SUCCESS**.

Our team:

- Britney Jenine
- Kristian M Marion
- Marcelino M Reddy
- Padmini Govender

If you would like to be part of this magazine, don't hesitate to write to us.

We will inform you about our requirements.

This is a good opportunity to impact someone's life!

Invite us on WhatsApp and let us know what topics you would love to read about. This is also a great way to directly receive our latest Issues .

You can email:

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October/November/December 2022

Special Men's Edition - November 2022

*Britney
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Editor-In-Chief

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Redeemed by Christ
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